



# BATTLE OF THE COMMANDS SWIM CHALLENGE

## March 23

**1:30 - 3pm**

**Naval Research Lab Swimming Pool**

**50 Meter Freestyle  
100 Meter Backstroke  
100 Meter Breaststroke  
100 Meter Butterfly  
4x100 Freestyle Relay**

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All commands, Active Duty military and DoD civilians, supported by Naval District Washington, Central Area are eligible to participate.

This is not an Admiral's Cup event.

Fax all registration forms by March 15 to (202) 433-2422.

For more information contact (202) 433-2269.